



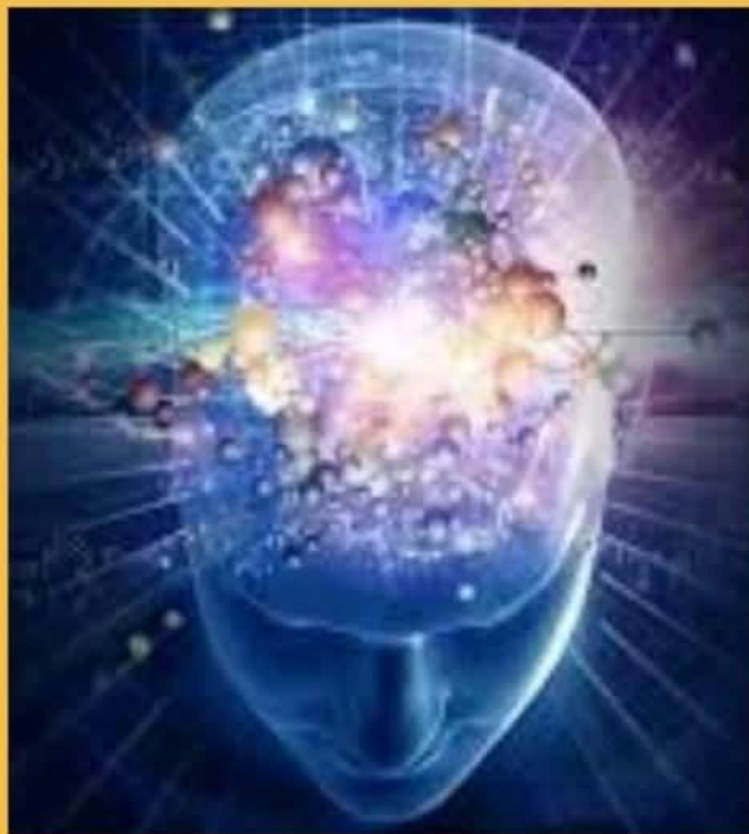
LINGAYA'S LALITA DEVI INSTITUTE OF MANAGEMENT & SCIENCES
(NAAC ACCREDITED 'A+' GRADE INSTITUTE & APPROVED U/S 2(F)
OF UGC ACT 1956)



DEPARTMENT OF EDUCATION

September 2026 Newsletter

Theme-Mindfulness



September is the ultimate month for a reset. As the seasons shift, the air cools, and the fast pace of autumn begins, we often feel the urge to rush into new routines. But true transition doesn't require rushing. This September, our theme is intentional grounding—the practice of slowing down, checking in with yourself, and anchoring your mind amidst the changing tides of life. You do not have to move fast to move forward. This month, choose presence over pressure. Let every autumn breeze remind you to inhale clarity, exhale chaos, and return to the current moment.

SYLLABUS TO BE COVERED THIS MONTH

BED Semester- I	DPSE 1 st Year	DPSE 2 nd Year
Course Title: Childhood and Growing Up (BED101) Unit- I: Growth and Development Unit-II: Developmental Aspects/Domains	Course 1 : Early Childhood Care and Education (ECCE) in India Unit 1: Concept and Significance of ECCE Unit 2: Development of ECCE in India: Introduction to the Policies and Programmes	Course 9 Developing Understanding of Environment in Children Unit 1: Interconnectedness of the Natural, Social and Cultural Environment Unit 2: Understanding the Learner in context with the Environment
Course Title: Philosophical Foundations of Education (BED103) Unit I: Education and Philosophy Unit II: Epistemological Basis of Education	Course 2 Understanding Child and Childhood Unit 1: Introduction to Child Development Unit 2: Prenatal Development	Course 10 : Proficiency in Languages : Hindi and English Unit 1: Language and literacy Unit 2: Children's Literature: Selection and Use
Course Title: Language Across the Curriculum (BED105) Unit I: Understanding Language and Communication Unit II: Language Skills	Course 3 Pre School Education Curriculum : Principles and Priorities Unit 1: Care and Early Stimulation for Children under Three Years Unit 2: Play as a Medium for Learning	Course 11 : Gender, Diversity and Discrimination Unit 1: Concept and significance of diversity and discrimination Unit 2: Discriminating behaviours and their consequences
Course Title: Understanding Disciplines and Subjects (BED107) Unit I: Concept of Disciplines & Subjects Unit II: Concept Formation	Course 4 Development of Mathematical Concepts in Children Unit 1: Mathematics and the Early Years Unit 2: Attitudes towards Mathematics: Importance of Making Meaning	Course 12 : Working with Children with Special Needs Unit 1: Understanding Special Needs – Nature and Characteristics Unit 2: Understanding Developmental Problems and Delays in Infancy and Toddlerhood (0-2 years)
Course: Critical Understanding of ICT (BED109) Unit I: ICT: Connecting with World Unit II: ICT for Teaching-Learning: Possibilities and Concerns	Course 5 Development of Language and Literacy in Children Unit 1: The Nature, Structure and Functions of Language: Implications for the Classroom Unit 2: Understanding the Reading Process	Course 13 : Planning and Organisation of a Pre-school Education Programme Unit 1: Developing/Designing a Contextualized and Developmentally Unit 2: Designing and Maintaining Outdoor and Indoor Space

Course Title: School Organization and Management (BED111) Unit I: School as an Organization Unit II: Administration of Schools	Course 6 Health Care and Nutrition of Children. Unit 1: Concept of Health and Nutrition Unit 2: Nutrition during Pregnancy and Lactation	Course 14 : Working with Families and Community Unit 1: Understanding and communicating with community and parents Unit 2: Understanding Parents' concerns and their roles
Course Title: Understanding the Self (BED151) Unit I Journal Writing Unit II Workshop 1, Workshop 2 & Workshop 3	Course 7 Methods and Materials for Early Childhood Care and Education (ECCE) Unit 1: Different Curricular Approaches in Preschool Education Unit 2: Components and Related Activities for Promoting All Developmental	Course 15 : Self Development Unit 1- (Workshop mode) Enhancing teaching skills and development of professional ethics Unit 2 – Self development through life skills

BED Semester- I BED 153 PSE-1	BED Semester- III BED 251 & BED 253 School Visits & Checking work
--	---



September 2026



MON

TUE

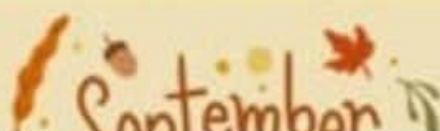
WED

THU

FRI

SAT

	1	2	3	4	5
		Nutrition week		Janamastmi	Teacher 's Day
7	8	9	10	11	12
				Grand Parents Day celebration	
14	15	16	17	18	19
Hindi Diwas		Workshop on online assessment tool for students	Discussion on Effective Classroom mgt	Critical analysis of education boards	
21	22	23	24	25	26
PSE-1					
28	29	30			



***ACTIVITIES ARE FLEXIBLE, THE DATES CAN BE CHANGED.**

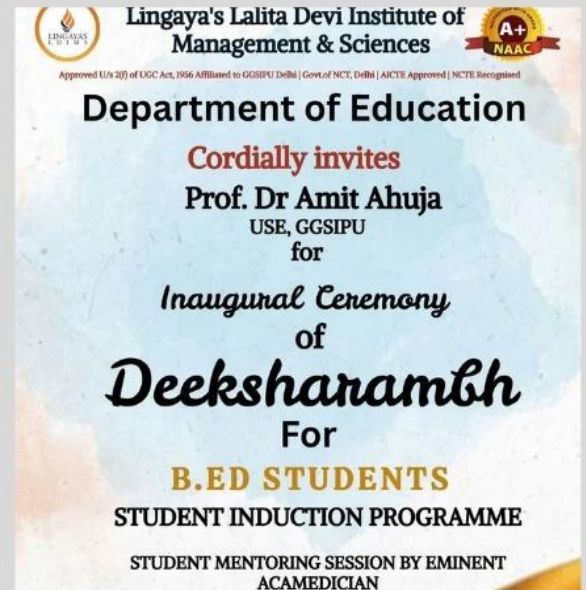


A quick recall looking at August 2026 Below are some pictures..

DPSE Orientation Day



B.ED Orientation Day(Day-1)



Induction week Activites

Taal se Taal milao (Dance Activity)



Meditation Session



Teacher's in 21st Century Session Prof. Dr Jasmeet Kaur Day-2



Moocs Session



Independence Day celebration



Acting skills workshop (Day-2)



Know me Through my Hobby



NEP 2020 Sensitisation Session

(Dr. Anjali Shokeen) Day-3



AI & Social Media Awareness Day-4



Understanding the Teaching Profession



My Teacher Identity "What kind of teacher do I want to become"



Rapid Fire Quiz



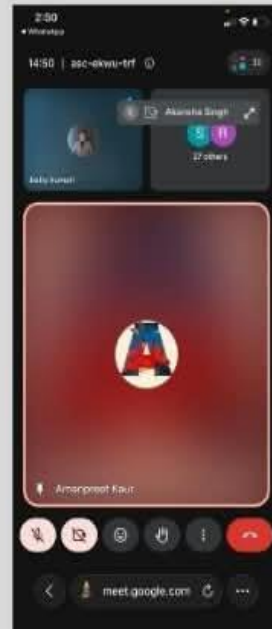
Personality Grooming Session(Day-5)



Understanding how childhood events could affect your life, and how to overcome them in order to become successful.(Ms.Satakshi Sharma)



Extempore: Are we raising daughters from sons?



Blind Game Day-5



Reel Making Competition



Best out of waste





Poverty and unemployment are major social issues. Many people do not have enough money to meet their basic needs such as food, education, and healthcare. Unemployment makes this problem worse because people without jobs cannot earn a regular income. The government and society can help by creating more job opportunities, improving skill training, and supporting small businesses. Education and vocational training can also help young people become independent. Everyone should work together to reduce poverty and give people.

Gender Inequality



Gender inequality means treating people differently because of their gender. In many places, girls and women still face problems in education, employment, wages, and decision-making. They may also face discrimination at home and at work. Education is an important way to reduce gender inequality. Girls should get equal opportunities to study and build careers. Boys and girls should be taught to respect each other.

Environmental Pollution

Environmental pollution is a major social issue that affects human health and nature. Air, water, and land pollution are caused by vehicles, industries, plastic waste, and careless human activities. Pollution can cause diseases and damage plants and animals. Everyone can help reduce pollution by using less plastic, saving water and electricity, planting trees, and keeping surroundings clean. The government should also enforce environmental rules. Small responsible actions by many people can make our environment cleaner and healthier.



FOLLOW US ON:



ABOUT US:
www.lldims.edu.in



CONTACT NO- +91 98713 10707



You Tube

<https://youtube.com/@lingayasldims?si=JiVY8kw5LQjSevr1>



Facebook

<https://www.facebook.com/lingayas.ldims>



Instagram

<https://www.instagram.com/lldimsdelhi/>

DOE Instagram

https://www.instagram.com/doe_lldims?igsh=MTg2M3dydHQxb3k3OA==



Linked-In

<https://www.linkedin.com/company/lldims-delhi/>



Google reviews

<https://g.page/r/CUyIHp3zqLYuEBA>

Ms. Baby kumari
Newsletter Editot

Dr. Jyoti Dahiya
HoD, Dept. of Education

Dr. Pranav Mishra
Director

