



(NAAC Accredited 'A' Grade Institute)

# LINGAYA'S LALITA DEVI INSTITUTE OF MANAGEMENT & SCIENCES

(Affiliated to GGSIP University, Delhi, Govt. of Delhi & NCTE)  
Mandi Road, Mandi, New Delhi-110047

NEWSLETTER: MAY, 2024

DEPARTMENT: EDUCATION

THEME: "Self Awareness"

Self-awareness is your ability to perceive and understand the things that make you who you are as an individual, including your personality, actions, beliefs, emotions, and thoughts. In philosophy of self, self-awareness is the experience of one's own personality or individuality. It is not to be confused with consciousness. While consciousness is being aware of one's body and environment, self-awareness is the recognition of that consciousness. There are many different ways to think about self-awareness, but four keys that are often mentioned included mindfulness, self-compassion, reflection, and feedback. Mindfulness allows people to become more aware of themselves in the present, while compassion allows them to do so without passing judgment of themselves. The Department of Education, LLDIMS creates opportunities for student's to become self aware by organizing various activities, and programmes from time to time



**SYLLABUS TO BE COVERED THIS MONTH**

<b>B.Ed 1<sup>st</sup>Year (Semester- II)</b>	<b>B.Ed 2<sup>nd</sup> Year (Semester- IV)</b>	<b>B.Ed</b>
<p><b>Subject:</b> BED102- Learning and Teaching <b>Topic:</b> Unit - II &amp; Unit - IV Presentations</p>	<p><b>Subject:</b> BED210- Gender, School and Society <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	<p><b><u>PRACTICALS- 1st Year (Semester- II)</u></b></p> <ol style="list-style-type: none"> <li><b>BED152-</b> Reading and Reflecting on Texts</li> <li><b>BED154-</b> PSE- II <b>Internal Viva</b></li> </ol>
<p><b>Subject:</b> BED104- Contemporary perspectives in Education <b>Topic:</b> : Unit - III &amp; Unit – IV Presentations</p>	<p><b>Subject:</b> BED 212- Knowledge and Curriculum: Perspectives in Education <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	<p><b><u>PRACTICALS- 2<sup>nd</sup> Year (Semester- IV)</u></b></p> <ol style="list-style-type: none"> <li><b>BED252-</b> Reflection on School Experience</li> <li><b>BED254-</b> Drama and Art in Education <b>Internal Viva</b></li> </ol>
<p><b>Subject:</b> BED106- Assessment of Learning <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	<p><b>Subject:</b> BED214- Guidance &amp; Counselling <b>Topic:</b> Unit - III &amp; Unit - IV Presentations</p>	<p><b>MOOCs Registration and Exams</b></p>
<p><b>Subject:</b> BED108- Experiential Learning <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	<p><b>Subject:</b> BED216- Environmental Education <b>Topic:</b> Unit - III &amp; Unit - IV Presentations</p>	
<p><b>Subject:</b> BED110- Entrepreneurial Mindset <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	<p><b>Subject:</b> BED218- Creating an Inclusive School <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	
<p><b>Subject:</b> BED116- 150- Pedagogy of School Subject-(I) Pedagogy of School Subject-(II)  <b>Subject:</b> Syllabus Unit – III &amp; Unit – IV Presentations</p>	<p><b>Subject:</b> BED222 Health and Physical Education <b>Topic:</b> Unit - III &amp; Unit - IV Presentations</p>	
	<p><b>Subject:</b> BED232- Life Skills Education <b>Topic:</b> Unit - III &amp; Unit – IV Presentations</p>	

## ACTIVITIES

<p><b>01.05.2024</b> <b>CV Writing Workshop</b> <b>(Semester- IV)</b></p> 	<p><b>02. 05.2024</b> <b>Socialisation Through Folklore</b> <b>(Semester- IV)</b></p> 	<p><b>03. 05.2024</b></p>	<p><b>04. 04.2024</b></p>	<p><b>05. 05.2024</b> <b>SUNDAY</b></p>	<p><b>06. 05.2024</b></p>
<p><b>07. 05.2024</b></p>	<p><b>08. 05.2024</b></p>	<p><b>09. 05.2024</b> <b>Farewell</b> <b>(Semester- IV)</b></p> 	<p><b>10. 05.2024</b> <b>Mock Interview</b> <b>(Semester- IV)</b></p> 	<p><b>11. 05.2024</b> <b>Mock Interview</b> <b>(Semester- IV)</b></p> 	<p><b>12. 05.2024</b> <b>SUNDAY</b></p>
<p><b>13. 05.2024</b></p>	<p><b>14. 05.2024</b></p>	<p><b>15. 04.2024</b></p>	<p><b>16. 05.2024</b></p>	<p><b>17. 05.2024</b></p>	<p><b>18. 05.2024</b></p>
<p><b>19. 05.2024</b> <b>SUNDAY</b></p>	<p><b>20. 05.2024</b></p>	<p><b>21. 05.2024</b></p>	<p><b>22. 05.2024</b></p>	<p><b>23. 05.2024</b></p>	<p><b>24. 05.2024</b></p>
<p><b>25. 05.2024</b></p>	<p><b>26. 05.2024</b> <b>SUNDAY</b></p>	<p><b>27. 05.2024</b></p>	<p><b>28. 05.2024</b> <b>External Practical Examination</b> <b>BED254: Drama and Art in Education</b> <b>(Semester- IV)</b></p>	<p><b>29. 05.2024</b> <b>External Practical Examination</b> <b>BED152: PSE- II</b> <b>(Semester- II)</b></p>	<p><b>30. 05.2024</b> <b>External Practical Examination</b> <b>BED252: Reflection on School Experience</b> <b>(Semester- II)</b></p>

*\*Activities are flexible, the dates can be changed.*

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