

Lingaya's Lalita Devi Institute Of Management & Sciences

NAAC 'A' Grade Institution

Affiliated to GGSIP University & Recognised By Govt. of Delhi & NCTE

WOMEN COMMUNITY EXTENSION CELL



DIRECTOR
LINGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCE
MANDI ROAD, MANDI

Department of Education

Faculty Coordinator

Dr. Manju Sharma - 9868453333
Ms. Vandana Sharma - 8882382506

Student Coordinator

Kritika - 7503313276
Bharti Yadav - 9990520060

Department of Management

Faculty Coordinator

Dr. Manisha Gupta - 7042078021
Ms. Rupal Asnati - 8058271746
Ms. Priyanka Tyagi - 9811395850

Student Coordinator

Jaya sharma - 991094656
Unnati- 9319454964
Shubha - 7503655731

Department of Mass Communication

Faculty Coordinator

Ms. Harmeet Kochhar - 9999169373
Ms. Saloni Saini - 9871779571

Student Coordinator

Riya Pandey - 9873433065
Urvashi Dubey - 9810292397

Lingaya's Lalita Devi Institute of Management & Sciences

Mandi Road, Mandi, New Delhi-110047

(NAAC Accredited "A" Grade Institute)

NOTICE

10/08/2018

Women's cell LLDIMS was established in to ensure safe and secure working environment for all the women (Girls) in this institute. The women cell was inaugurated in Dr Manju Sharma under the pattern ship of The Women's all function as a body that investigators and recommends action all acts of harassment against any individual (of either sex)

To lodge a complaint:-

You can send E.mail to- manjuvats69@yahoo.co.in

Call us on phone: - 9868453333

Be assured that

- All complaints and name of the victim will be kept confidential
- A baseless complains will be advisedly affecting the credibility of the complaint

Women Extension Committee Cell

S. No.	Faculty Name	Email ID	Phone No.	Department
1.	Dr. Manju Sharma	Manjuvats69yahoo.co.in	9868453333	B.Ed.
2.	Ms.Harmeet Kocchar	Kr.harmeet@gmail.com	9999169373	BA(JMC)
3.	Ms.Rupal	Roopal.asati26@gmail.com	8058271726	BBA & B.Com
4.	Ms.Saloni	Salonisaini110@gmail.com	9871779571	BA(JMC)


Coordinator

Dr Manju Sharma


DIRECTOR
LINGAYA'S LALITA DEVI INSTITUTE
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NEW DELHI

POLICY FOR GENDER EQUALITY AND SEXUAL HARRESMENT

At LLDIMS, we are committed to fostering a workplace and educational environment that promotes gender equality and ensures the safety and well-being of all individuals. This policy is a collaborative effort between the Director of LLDIMS, the Coordinator of the Women's Cell, and the Sexual Harassment Cell.

Members:

1.	Dr. Manju Sharma	Manjuvats69@gmail.com	8076843266	B.Ed.
2.	Ms.Harmeet Kocchar	Kr.harmeet@gmail.com	9999169373	BA(JMC)
3.	Ms.Rupal Asati	Roopal.asati26@gmail.com	8058271726	BBA & B.Com
4.	Ms.Saloni	Salonisaini110@gmail.com	9871779571	BA(JMC)

Ensures the overall implementation and adherence to the gender equality and sexual harassment policy.

Provides necessary support and resources for the effective functioning of the Women's Cell and

Leads initiatives to promote gender equality within the institution. Organizes awareness programs, workshops, and events focused on women's issues and empowerment.

Serves as a point of contact for women facing challenges or seeking guidance.

Coordinator Sexual Harassment Cell:

Oversees the implementation of policies and procedures related to the prevention and redressal of sexual harassment.

Conducts awareness sessions on preventing sexual harassment and the avenues available for reporting incidents.

Ensures fair and timely resolution of complaints related to sexual harassment.

Policy Guidelines:

Equal Opportunities:

LLDIMS is committed to providing equal opportunities to all individuals, irrespective of gender, in recruitment, promotions, and educational pursuits.

Prevention of Sexual Harassment:


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Strictly prohibits any form of sexual harassment and provides a safe environment for reporting incidents.

Encourages open communication and guarantees confidentiality for individuals reporting sexual harassment.

Awareness Programs:

Regularly conducts awareness programs and workshops on gender equality, diversity, and the prevention of sexual harassment.

Reporting Mechanism:

Establishes a confidential and accessible reporting mechanism for incidents of sexual harassment.

Ensures prompt and impartial investigation and appropriate action in response to complaints.

Support Systems:

Provides support services, counseling, and assistance to individuals affected by gender-based discrimination or sexual harassment.

Education and Training:

Implements educational programs to sensitize the community about gender-related issues and the importance of creating an inclusive environment.

Compliance and Review:

This policy will be regularly reviewed and updated to ensure its relevance and effectiveness. All members of the LLDIMS community are expected to comply with this policy to create a respectful and inclusive environment.

Conclusion:

LLDIMS is dedicated to fostering an environment that upholds the principles of gender equality and ensures the safety and dignity of all individuals. This policy reflects our commitment to creating a workplace and educational institution that values diversity and promotes a culture of respect and equality.



DIRECTOR

DIRECTOR
LINGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCES
MANDI ROAD, MANDI
NEW DELHI, INDIA

MSL
31/07/2018

Dr Manju Sharma
Coordinator WECE, LLDIMS



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LINGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCE
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NEW DELHI, INDIA



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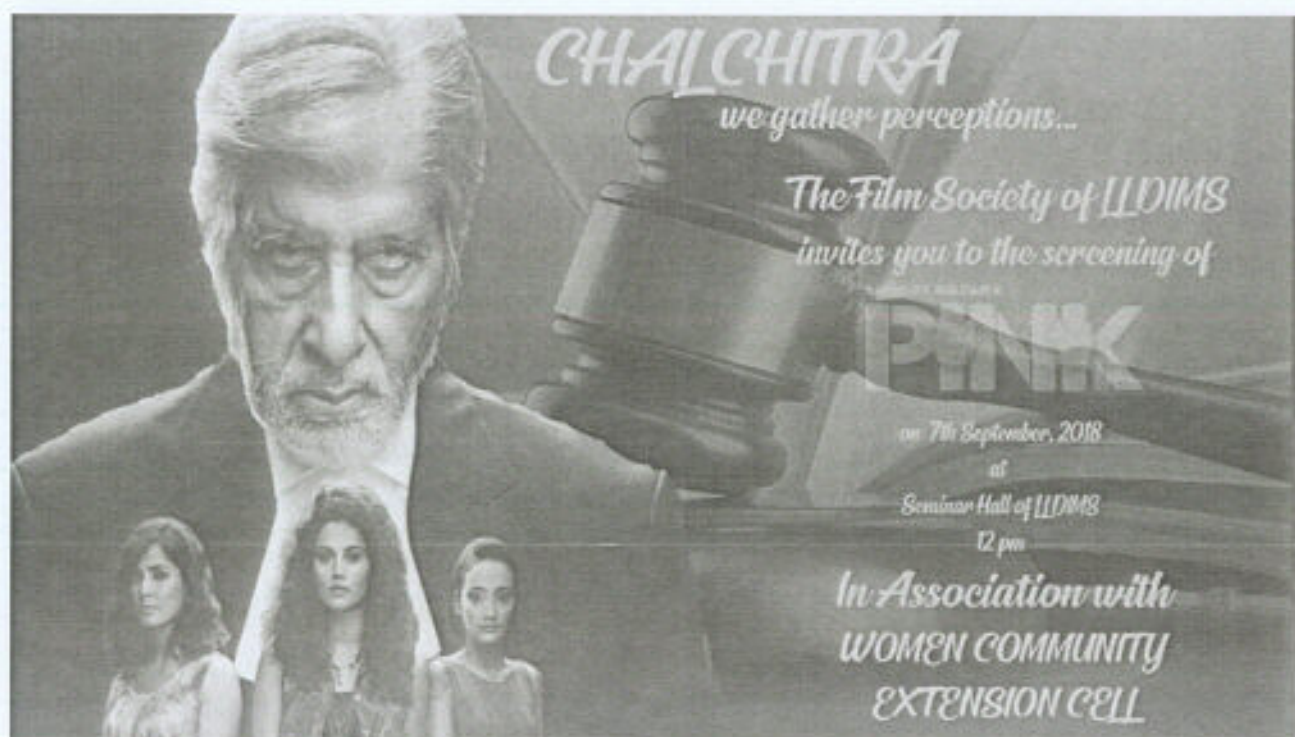
Mandi Road, Mandi, New Delhi-110047.

Ph : 011-26651112-3, Fax : 011-26651050

website : www.ldims.org.in, email : director.ldims@gmail.com

ACTIVITY REPORT

Activity conducted to female students On September 8, 2018, the vibrant and talented Harmeet Kochar took on the pivotal role of movie coordinator for the film "Pink." With her keen eye for detail and unwavering dedication, Harmeet orchestrated a seamless production process, ensuring that every aspect of the film—from casting to post-production—was executed with precision and excellence. Under her guidance, "Pink" became more than just a movie; it became a powerful narrative that sparked conversations and challenged societal norms. Harmeet's passion for storytelling and her ability to bring together a team of creative individuals were instrumental in the success of "Pink," leaving a lasting impact on audiences worldwide.



[Signature]
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[Signature]
10/09/2018

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Mandi Road, Mandi, New Delhi-110047
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Date: 13.09.2018

A meeting of Women Extension Community cell was held on 13th September 2018, 2 PM in the Board room. The following members were present in the meeting.

- Dr Manju Sharma
- Ms Harmeet Kocchar
- Ms Roopal
- Dr Manisha Gupta
- Ms Kamini
- Ms Priyanka Tyagi
- Ms Saloni

Following points were discussed in the meeting:-

- The venue and time was fixed for self defence training programme (auditorium & time 1 PM)
- To organize self defence training programme only for all the female students of LLDIMS.
- Students are strictly instructed to the use of dustbin.
- To make the students aware about their Health & Hygiene condition both college and at home.
- To give guidance of girls to check cleanliness classrooms, washrooms etc.

MSL
15/09/2018
Coordinator
Dr Manju Sharma

[Signature]
DIRECTOR
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MANDI ROAD, MANDI
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Date: 24/08/2018

A meeting of Women Extension Communit cell was held on 24th August 2018, 2.30 PM in room No 204.

Name of the committee members.

- Dr Manju Sharma (Department of Education)
- Ms Harmeet Kocher (Department of BA.J&MC)
Kocher
- Ms Saloni Saini (Department of BA.J&MC)
- Dr Manisha Gupta (Department of Mgmt)
- Mrs. Rupal Asati (Department of Mgmt)
- Ms Vandana Sharma (Department of Education)
- Ms Priyanka Tyagi (Department of Mgmt)

The following members were present in the meeting.

- Dr Manju Sharma
- Ms Harmeet Kocher
Kocher
- Ms Saloni Saini
- Dr Manisha Gupta
- Mrs. Rupal Asati
- Ms Vandana Sharma

Points were discussed in the meeting-

- Departmental orientation should be instructed in each class & section
- Two student coordinators should be designated for each department.
- The availability of sanitary napkins and safety pins should be ensured by the coordinators (students)
- Posters should be displayed on each floor
- Website should be updated with new members of faculty as well as students
- Issues should be brought upto women cell in regard to discipline committee.

MSH
Dr Manju Sharma
Co-ordinator
women cell

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Manisha

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MANDI ROAD, MANDI
NEW DELHI-110047

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Minutes of the meeting

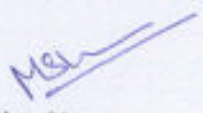
Date: 23/01/2018

A meeting of Women cell was held on 23rd January 2018, 2 PM in room NO 204. The following members were present in the meeting.

- Dr. Manju Sharma
- Ms Harmeet Kochhar
- Mrs Roopal

Following points were discussed in the meeting :-

- It is decided that various programme conducted department wise related awareness of women.
- The volunteer should inform the members of anti ragging committee for better follow up.
- To make the student understand about disciplinary activities to be taken (if any complain registered)
- All the disciplinary members should monitor the discipline time to time.
- It is decided that various cultural programme to be organized.
- Conducted relaxing and meditational activities for women.
- Conducted special lecture on social awareness for women.
- Planning of lecture on women's rights & career opportunity for women.


Dr. Manju Sharma
Coordinator women cell


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Report on women cell workshop
Safety and self defence

A two hour awareness campaign / workshop for college girls on sexual assault and harassment and a workshop on self – defense held in Lingaya's Lalita Devi Institute of Management and sciences on 18th September. 2018

The two – hour long workshop had a demonstration on self defense techniques for girls, which is of great help to them in time of crisis. **Mr. Chandan singh** head of PCR Van organized a self – defense workshop for the girls, he said added that such workshops are holding across the country and this year, the focus was on the district headquarters in the state.

The organizers taught the girls many self defense tricks and techniques to develop confidence in them.

Orientation and discussion were held on safety precautions at road, home school, public place and also while using internet. They also mentioned that they want women and girls to be able to know what to do when faced with assault, be it at the workplace, on the streets or even at home, and also self defense not requires years of practice to get right and might not look very elegant but can dramatically increases your chances of coming out of a sticky situation, safe.

Apart from teaching us tricks and tips on how to solve ourselves in (SOS) situations, through demonstration as well as case – study of sexual assault they are keen on educating women and girls about basic rights also like filling FIRs etc.

The demonstration session:

- ❖ Prevention is the best self defense
- ❖ Get loud and push back.
- ❖ Remember the most effective body parts to hit
 - Eye
 - Nose
 - Neck
 - Knee
 - Use your elbows, Knee and Head
 - Use everybody objects- pin, perfume, pen, etc.

Different techniques to self defend against different forms of attacks:

- ❖ Wrist hold
- ❖ Stop on outside strike
- ❖ Escape a bear hug

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NEW DELHI-110047

- ❖ use of hand edges to counter strike an attacker

The learning outcomes from the workshop on self defense are the we learnt about different kinds of violence that may be faced by girls or women in any place including at home. The volunteers got different self protection tips on how to avoid by attacking a potential attacker by using objects or by striking on the soft spots of the attacker.

MSL
28/09/2018
Dr Manju Sharma
Coordinator


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LINGAYA'S LALITA DEVI INSTITUTE
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हिन्दी दिवस - वादविवाद प्रतियोगिता

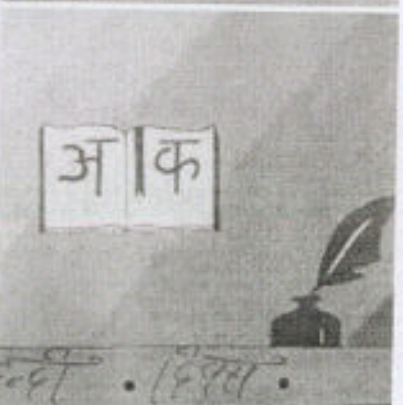
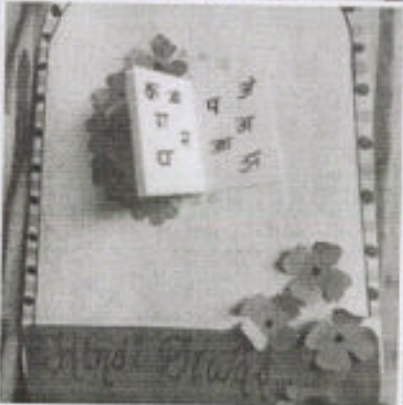
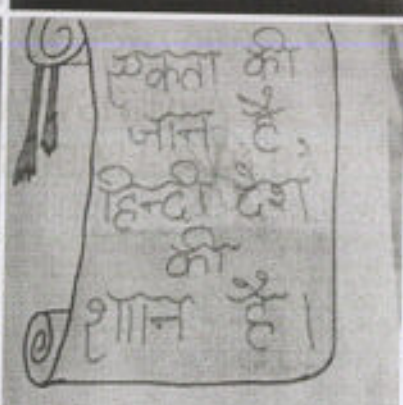


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 NEW DELHI 110047

- Dr Manju Sharma Meeting host
- Dr Manju Sharma (Pr... Meeting host
- Ankita Agrawal
- Bhawana
- Jerol Lakra
- Jyoti Tanwar
- Khushi Tanwar



हम सबकी भारी,
 भारी सबसे भारी।
 कभी-कभी तो कल्पसुभारी,
 साधुभाषा इतारी।
 काव्य की सुसभारी,
 जल-सुबोध पर है भारी।
 अंबेजी से जल भारी,
 सभार की है अविभारी।
 जल-जल की ही सुभारी,
 किन्ती ही पंचम इतारी।
 (संजय जीर्णी)

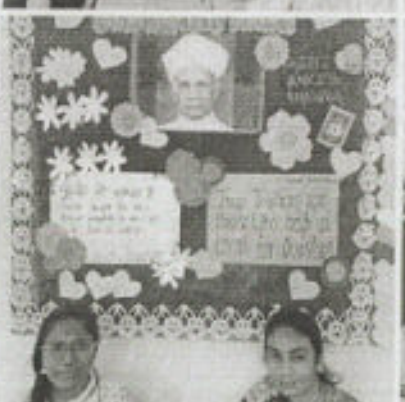
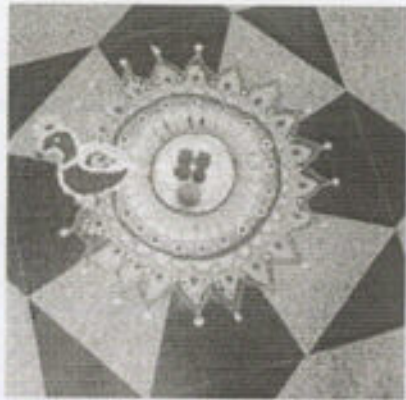


- masroor hasan (You) Meeting host
- Ankita Agrawal
- Bhawana
- Jerol Lakra
- Jyoti Tanwar
- Khushi Tanwar

एन डेवेलप
 एडव एकोटेस, वैरव
 एव

DIRECTOR
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 MANDI ROAD, MANDI
 MEERUT, U.P.

Board decoration occasion of Deepawali
Celebration oct 2021



DIY
NG YA'S
SANDI, MANDI
MI-110047
UK
DEVI INSTITUTE
& SCIENCES
SANDI, MANDI
MI-110047

Christmas day celebration (Virtual Mode)



DIRECTOR
INGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCES
MANDI ROAD, MANDI
SIRSA, DIST. HANUWAL



DIRECTOR
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OF MANAGEMENT & SCIENCES
MANDI ROAD, MANDI
NEEM DELHI



DIRECTOR
NGAYAN'S INSTITUTE
OF MANAGEMENT & SCIENCES
MAIN ROAD, MANDI
HIMACHAL PRADESH
191007

Report on women cell workshop Safety and self defence

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DIRECTOR
LINGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCES
MANDI ROAD, MANDI
NEW DELHI-110028

❖ Remember the most effective body parts to hit

- Eye
- Nose
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- Knee
- Use your elbows, Knee and Head
- Use everyday objects- pin, perfume, pen, etc.

Different techniques to self defend against different forms of attacks:

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MSL
30/09/2018
Dr Manju Sharma
Coordinator

11
DIRECTOR
INGAYA'S LALITA DEVI INSTITUTE
OF MANAGEMENT & SCIENCE
MANDI ROAD, MANDI
NEW DELHI-110047

Glimpses of workshop



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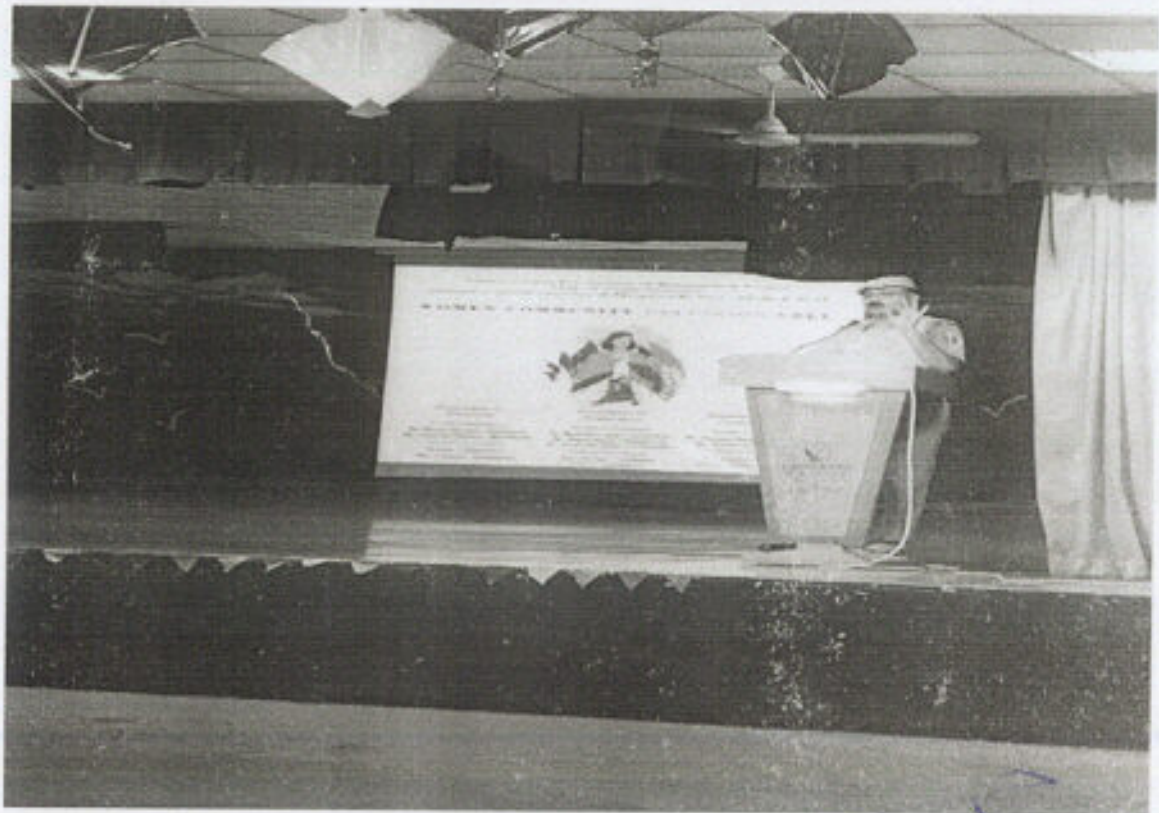



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Glimpses of workshop



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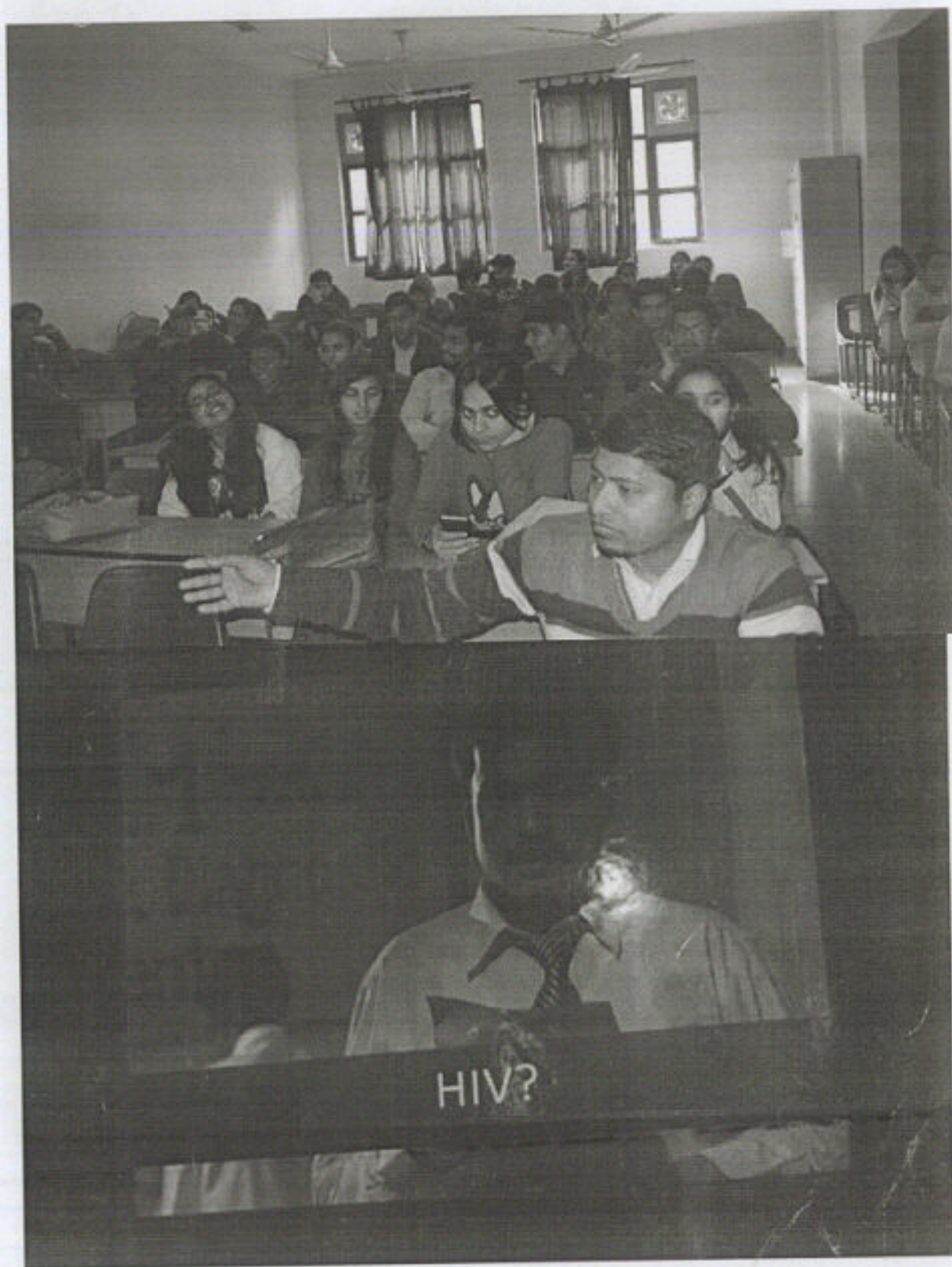
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GAYA'S LALITA DEVI INSTITUTE
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MANDI ROAD, MANDI
NEW DELHI-1100

MEDITATION ACTIVITY CONDUCTED BY WOMEN CELL ON 01/02/18



DIRECTOR
NGAYA'S LALITA DEVI INSTITUTE
MANAGEMENT & SCIENCES
MANDI ROAD, MANDALAY

Documentary Screening on HIV/AIDS and Menstruation by BA(JMC) students
on 5-02-2018



DIRECTOR
GAYA'S LALITA DEVI INSTITUTE
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NEW DELHI-110077